## Report to Stronger Communities Select Committee

Date of meeting: 21st July 2020



Portfolio: Housing & Communities - Cllr Holly Whitbread

Chair of Health & Wellbeing Board – Cllr Aniket Patel

**Subject:** Annual presentation on the Epping Forest Health & Wellbeing Strategy 2018-28.

Officer contact for further information: Fabrizio Ferrari – Public Health Improvement Officer (01992 564567)

**Democratic Services Officer:** Jackie Leither (01992 564756)

## Recommendation:

That the Stronger Communities Select Committee receives an annual presentation on the work undertaken in the district which contributes to the Epping Forest Health & Wellbeing Strategy 2018-28.

## Report:

The Epping Forest Health & Wellbeing Board is made up of representatives from Epping Forest District Council, Essex County Council Public Health, the West Essex Clinical Commissioning Group (CCG) and a wide range of health providers and third sector organisations.

In March 2018, following extensive consultation, the multi-agency Board formally adopted and launched the Epping Forest Health & Wellbeing Strategy 2018-28.

The Strategy sets out the partnership's vision, priorities and aims to improve the health and wellbeing of everyone living in the district, with a particular focus on tackling the health inequalities that exist.

To facilitate the development and delivery of projects and initiatives to improve the health and wellbeing of local residents, three multi-agency Action Groups have been established as follows:

- Start Well Action Group (Pre-birth to 19 years)
- Be Well Action Group (19 65 years)
- Age Well Action Group (65+)

The Epping Forest Health & Wellbeing Board and Action Groups annually review key local priorities and develop Action Plans in line with these. Consistently across all age ranges priorities continue to be; the need to support positive mental health, increase physical activity, combat loneliness and isolation and encourage healthy relationships. A priority specific to the Age Well Action Group continues to be the need to support older people to live healthy, happy lives independently in their own homes for as long as possible.

Following the Covid pandemic the Board is keen to focus even more on a whole systems approach in order to support local communities and residents to meet the challenges ahead.

**Reason for decision:** It was agreed that the Stronger Communities Select Committee would receive an annual update on the Epping Forest Health & Wellbeing Strategy 2018-28.

Options considered and rejected: N/A

**Consultation undertaken**: Extensive consultation was undertaken by the partner agencies that make up the Epping Forest Health & Wellbeing Board from January – March 2018. Consultation was conducted in line with other Essex local authorities and endorsed by the overarching Essex Health & Wellbeing Board.

Service review: N/A

Resource implications: There have been no increases in budget required from the Council.

Personnel: Public Health Improvement Officer

Land: N/A

Community Plan/BVPP reference: N/A

Relevant statutory powers: N/A

**Background papers: N/A** 

Environmental/Human Rights Act/Crime and Disorder Act Implications: N/A

Key Decision Ref (if required) N/A